

Example Timetable: Seniors (Ages 13-16 years)

Week 1							
TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30 - 08:00		Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Breakfast
08:00 - 08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Social Day Trip
08:30 - 09:00							
09:00 - 09:30	Welcome & Induction Activities	General Study Science/ English	General Study Science/ English	Assembly	General Study Science/ English	General Study Science/ English	
09:30 - 10:00				Academic Course	General Study Science/ English	General Study Science/ English	
10:00 - 10:30							
10:30 - 11:00							
11:00 - 11:30			Break	Break	Break	Break	
11:30 - 12:00			Academic Course	Academic Course	Academic Course	Academic Course	
12:00 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
12:30 - 13:00	Induction & Icebreaker Activities	Academic Course	Academic Course	Social Trip	Academic Course	General Study Science/ English	
13:00 - 13:30							
13:30 - 14:00							
14:00 - 14:30			Break		Break	Break	Break
14:30 - 15:00			Activity 1		Activity 1	Activity 1	Activity 1
15:00 - 15:30			Leisure		Leisure	Leisure	Leisure
15:30 - 17:00	Supper	Supper	Supper	Supper	Supper	Supper	
17:00 - 18:30	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure
18:30 - 19:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

Week 2								
TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
07:30 - 08:00		Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Breakfast	
08:00 - 08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Social Day Trip	
08:30 - 09:00								
09:00 - 09:30	Social/ Leisure	General Study Science/ English	Academic Course Trip	Assembly	General Study Science/ English	General Study Science/ English		
09:30 - 10:00					General Study Science/ English	General Study Science/ English		General Study Science/ English
10:00 - 10:30								
10:30 - 11:00								
11:00 - 11:30				Break	Break	Break		Break
11:30 - 12:00				Academic Course	Academic Course	Academic Course		Academic Course
12:00 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
12:30 - 13:00	Social	Academic Course	Social Trip	Academic Course	Academic Course	Academic Course		
13:00 - 13:30								
13:30 - 14:00								
14:00 - 14:30				Break	Break	Break	Break	
14:30 - 15:00				Activity 2	Activity 2	Activity 2	Activity 2	
15:00 - 15:30				Leisure	Leisure	Leisure	Leisure	
15:30 - 17:00	Supper	Supper	Supper	Supper	Supper	Supper		
17:00 - 18:30	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure	
18:30 - 19:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	

Week 3				
TIME	SUNDAY	MONDAY	TUESDAY	
07:30 - 08:00		Wake-up	Early breakfast	
08:00 - 08:30	Breakfast	Breakfast	Departure Day	
08:30 - 09:00				
09:00 - 09:30	Social/ Leisure	General Study Science/ English		
09:30 - 10:00				
10:00 - 10:30				
10:30 - 11:00				
11:00 - 11:30				Break
11:30 - 12:00				Academic Course
12:00 - 12:30	Lunch	Lunch		
12:30 - 13:00	Social	Lunch		
13:00 - 13:30				
13:30 - 14:00			Awards Ceremony	
14:00 - 14:30				
14:30 - 15:00			Break	
15:00 - 15:30			Packing Time	
15:30 - 17:00	Supper	Dinner & Disco		
17:00 - 18:30	Leisure			
18:30 - 19:00	Bedtime	Bedtime		

This is an example timetable for 2024. Timetables may be subject change.