Example Timetable: Juniors (Ages 11-12 years)

| Week 1 | | | | | | | |
|---------------|---|-----------------------------------|-----------------------------------|-------------------|--|---------------|-----------|
| TIME | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 07:30 - 08:00 | | Wake-up | Wake-up | Wake-up | Wake-up | Wake-up | Breakfast |
| 08:00 - 08:30 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | |
| 08:30 - 09:00 | | | | | | | |
| 09:00 - 09:30 | | Workshop | Workshop | Assembly | Workshop | | |
| 09:30 - 10:00 | Welcome & Induction Activities | Workshop | Workshop | General Study | | | |
| 10:00 - 10:30 | | Workshop | Workshop | Science/ English | Workshop | | |
| 10:30 - 11:00 | | | | | | | |
| 11:00 - 11:30 | | Break | Break | Break | Break | | |
| 11:30 - 12:00 | | General Study | General Study | General Study | General Study Science/ English Workshop Trip | Social | |
| 12:00 - 12:30 | | Science/ English | Science/ English | Science/ English | | Workshop Trip | Day Trip |
| 12:30 - 13:00 | Lunch | Lunch | Lunch | Lunch | Lunch | Workshop Trip | |
| 13:00 - 13:30 | | | | Social Trip | Editori | Leisure | |
| 13:30 - 14:00 | Induction & Icebreaker Activities | General Study Science/ English | General Study Science/ English | | General Study Science/ English | | |
| 14:00 - 14:30 | | | | | | | |
| 14:30 - 15:00 | | | | | | | |
| 15:00 - 15:30 | | Break | Break | | Break | | |
| 15:30 - 17:00 | | Activity 1 | Activity 1 | | Activity 1 | | |
| 17:00 - 18:30 | | Leisure | Leisure | | Leisure | | |
| 18:30 - 19:00 | Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| 19:00 - 21:00 | Leisure | Leisure | Leisure/ Social | Boarding Activity | Leisure/ Social | Leisure | Leisure |
| 21:30 | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime |

| Week 2 | | | | | | | |
|---------------|-----------------|-----------------------------------|----------------------------|-------------------|-----------------------------------|---------------------|-----------|
| TIME | SUNDAY | Monday | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 07:30 - 08:00 | | Wake-up | Wake-up | Wake-up | Wake-up | Wake-up | Breakfast |
| 08:00 - 08:30 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | |
| 08:30 - 09:00 | Breakfast | | | | | | |
| 09:00 - 09:30 | | Workshop | General Study | Assembly Workshop | Workshop | Workshop | |
| 09:30 - 10:00 | Social/ Leisure | Workshop | Science/ English | | | | |
| 10:00 - 10:30 | | Workshop | General Study | | Workshop | Workshop | |
| 10:30 - 11:00 | | | Science/ English | | | | |
| 11:00 - 11:30 | | Break | Break | Break | Break | Break | |
| 11:30 - 12:00 | | General Study | General Study | Workshop | General Study Science/ English | General Study | Social |
| 12:00 - 12:30 | | Science/ English | Science/ English | | | Science/ English | Day Trip |
| 12:30 - 13:00 | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 13:00 - 13:30 | Social | Luncii | Luncii | | | | |
| 13:30 - 14:00 | | General Study Science/ English | / English Science/ English | | General Study | General Study | |
| 14:00 - 14:30 | | | | | Science/ English | Science/ English | |
| 14:30 - 15:00 | | ocicinecy English | | Social Trip | Science/ English | ociciice/ Eligiisii | |
| 15:00 - 15:30 | | Break | Break | | Break | Break | |
| 15:30 - 17:00 | | Activity 2 | Activity 2 | | Activity 2 | Activity 2 | |
| 17:00 - 18:30 | | Leisure | Leisure | | Leisure | Leisure | |
| 18:30 - 19:00 | Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| 19:00 - 21:00 | Leisure | Leisure | Leisure/ Social | Boarding Activity | Leisure/ Social | Leisure | Leisure |
| 21:30 | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime |

| Week 3 | | | | |
|---------------|-----------------|------------------|-----------------|--|
| TIME | SUNDAY | MONDAY | TUESDAY | |
| 07:30 - 08:00 | | Wake-up | Early breakfast | |
| 08:00 - 08:30 | | Breakfast | | |
| 08:30 - 09:00 | Breakfast | | | |
| 09:00 - 09:30 | | Workshop | | |
| 09:30 - 10:00 | | Workshop | | |
| 10:00 - 10:30 | | Workshop | | |
| 10:30 - 11:00 | Social/Leisure | Workshop | | |
| 11:00 - 11:30 | Socialy Ecisare | Break | | |
| 11:30 - 12:00 | | General Study | | |
| 12:00 - 12:30 | | Science/ English | | |
| 12:30 - 13:00 | Lunch | Lunch | Departure Day | |
| 13:00 - 13:30 | | Editori | Departure Day | |
| 13:30 - 14:00 | | | | |
| 14:00 - 14:30 | | Awards Ceremony | | |
| 14:30 - 15:00 | Social | Awards ceremony | | |
| 15:00 - 15:30 | | | | |
| 15:30 - 17:00 | | Break | | |
| 17:00 - 18:30 | | Packing Time | | |
| 18:30 - 19:00 | Supper | Dinner & Disco | | |
| 19:00 - 21:00 | Leisure | Diffici & Disco | | |
| 21:30 | Bedtime | Bedtime | | |