

Concord Summer Experience



Activity Title	Dealing with Stress at School	
Activity Overview	In this activity, you will learn how to manage your stress levels at school when meeting deadlines.	
Activity Steps	Notes	Resources
Read the text "Teen Stress"	Highlight any words you didn't understand	
Make a list of the words you didn't understand from the text	Find the meaning in a dictionary	Dictionary (Online)
Find synonyms of the following words from the text		
Answer the questions according to the information given in the text		
Are these statements <u>True or False</u> ? Justify your answers with words or phrases from the text		
Complete the use of English exercises		
Write a composition	80-100 words	